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## ROOKIE OF THE YEAR

Judge takes home American League Rookie of the Year honors. 19

Drink with the baddies of 'Star Wars.' 29

Why the world needs 'Wonder' right now. 30

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# RAT'S ALL, FOLKS

An expert explains everything about your rat neighbors  
and tells why winter is his favorite season. 4

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## WELCOME TO METRO.US



KRISTIN TOUSSAINT, REPORTER

New York City's extensive rat population is no secret, but I wondered how, if at all, the fast-approaching winter would affect these rodents and the city's ability to address them. So I reached the man who would know — Rick Simeone, the so-called “rat whisperer” and the city's director of pest control services. Read what he had to say about his nearly 20 years in the business inside and at [metro.us](http://metro.us).

## ANOTHER ROY MOORE ACCUSER STEPS FORWARD

Senate Majority Leader Mitch McConnell led a chorus of establishment Republicans on Monday urging Roy Moore, the party's Senate candidate in Alabama, to quit the race as a fifth woman came forward with allegations Moore had sexual contact with teenage girls decades ago. Beverly Young Nelson said Moore sexually assaulted her when she was 16 and he was a prosecuting attorney in his 30s.

At a New York news conference, the tearful Nelson said Moore groped her, tried to pull her shirt off and shove her head in his lap, then warned that “no one will believe you” if she told anyone. “I was twisting and struggling and begging him to stop,” said Nelson, a waitress at an Alabama restaurant where Moore often ate when the incident occurred. “I had tears running down my face.” **For more, see page 5.**

## QUAKE HITS IRAQ, IRAN, KILLING MORE THAN 450

Thousands of homeless Iranians huddled against the cold late on Monday, a day after at least 450 people were killed in Iran's deadliest earthquake in more than a decade, state TV said. Rescue teams kept up search operations for dozens trapped beneath the rubble of collapsed houses in towns and villages in the mountainous area of the western province of Kermanshah that

borders Iraq. Iran's English-language Press TV said more than 450 people were killed and 7,000 were injured when the magnitude 7.3 earthquake jolted the country on Sunday. Local officials expected the death toll to climb as search and rescue teams reached remote areas of Iran. The quake was felt in several provinces of Iran but the hardest hit province was Kermanshah.



GETTY IMAGES

## 5 THINGS YOU NEED TO KNOW

### OPENING CEREMONY

**3** Russian Prime Minister Dmitry Medvedev, Vietnam's Prime Minister Nguyen Xuan Phuc, President Donald Trump, Philippine President Rodrigo Duterte and Australia Prime Minister Malcolm Turnbull join hands for a family photo during the opening ceremony of the 31st Association of South East Asian Nations (ASEAN) Summit in Manila on Monday. World leaders are in the Philippines' capital for two days of summits.

## HATE CRIMES RISE FOR SECOND STRAIGHT YEAR

**4** The number of hate crimes committed in the United States rose in 2016 for the second consecutive year, with African-Americans, Jews and Muslims targeted in many of the incidents, the FBI said on Monday in an annual report. There were 6,121 hate crime incidents recorded last year, an almost 5 percent rise from 2015 and a 10 percent increase from 2014, the Federal Bureau of Investiga-

tion's Hate Crimes Statistics report said. It did not give a reason for the rise. Black Americans were targeted in about half the 3,489 incidents based on race, ethnicity or ancestry, the report said, followed by whites who were targeted in 720. About half the 1,273 incidents that involved religion were against Jews. Muslims were targeted in 307 religion-based crimes, up 19 percent from 2015 and double the number in 2014.

## ESPN 'SPORTSCENTER' SHOW ON SNAPCHAT

**5** Sports broadcaster ESPN launched its flagship “SportsCenter” program on messaging app Snapchat on Monday, reimagining the show that provides sports highlights and commentary into a short-form series. The new show deepens the relationship between ESPN parent Walt Disney Co. and Snapchat parent Snap Inc. The sports network, which has made Snapchat content since 2015, is trying to reach a

younger audience, while the social media app, whose messages disappear after viewing, is adding more content in an effort to grow its user base beyond its core youth demographic. The partnership is a two-year deal and Snap and ESPN will share revenues, Snap said, though it declined to give specifics. “SportsCenter” will air twice a day on Snapchat during weekdays, and once a day on weekends.

## TONY'S METRO MAGIC 2017



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# Why the NYC rat whisperer is looking forward to the winter

This past weekend was a preview of the cold to come — are you ready? Rick Simeone, head of the city's pest control services, is.



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After a literally freezing cold weekend, New Yorkers are preparing for the onslaught of winter. Though some residents may already be complaining about the upcoming cold, Rick Simeone, director of the pest control services within the city's health department, looks forward to the season.

"Before I took this job, I loved the summers and didn't really like the winters," he said. "Now, I love the winters, and the reason why — what happens is that breeding season ends late fall into winter."

Simeone is talking, of course, about rats. As cooler temps become the norm, Simeone's job of handling New York's rat population becomes a little bit easier.

That's because the biggest challenge when trying to control how many rats run amok is how fast the rodents multiply.

"The power of rats is not that they're indestructible — because they're certainly not," he said. "It's their ability to reproduce. They can have five to six litters of eight to 12 pups — you do the

## 2K

A PAIR OF RATS COULD HAVE AS MANY AS 2,000 DESCENDANTS IN A YEAR, IF LEFT UNCHECKED, ACCORDING TO DISCOVER MAGAZINE.

## 95%

SIMEONE REDUCED THE NUMBER OF RAT BURROWS IN COLUMBUS PARK FROM 200 TO ABOUT 10, A 95 PERCENT REDUCTION RATE.



Rats can have five to six litters of eight to 12 pups each. GETTY IMAGES

*"[My experience has given me] insight in terms of what the issues are and how to address things."*

Rick Simeone



Rick Simeone, director of pest control services with the NYC Health Department PROVIDED BY NYC HEALTH DEPARTMENT

math in a year's time."

Those pups also become sexually mature around three to four months old, according to Discover Magazine, meaning that a pair of rats could have as many as 2,000 descendants, if left unchecked, in a year.

But Simeone is on the case. The mayor's office has referred to him as New York City's "rat whisperer," though he's a bit more humble about his role.

"I don't know if I'm quite the rat whisperer," he said, while explaining that he's held the director position for what will be 20 years this January. It's that experience that's given him "insight in terms of what the issues are and how to address things."

Shortly after starting

at pest control services, Simeone did get his exterminator's license, but the best way to understand the city's rat population, he says, is to "go out and see what's going on."

He's not out of the office every day, but when he gets a chance, Simeone joins his staff members out in the field, personally responding to every single rat complaint across all five boroughs.

"If anybody puts a complaint in, winter spring, summer, fall, we

go out and investigate those complaints," he said.

Though it may seem miserable to check out these complaints in the winter, it helps the team get ahead of the problem for a few reasons.

"[Rats] don't breed in the winter time, that's a big thing," Simeone said. "Number two, sustained cold, subfreezing weather reduces the rat population. They get cold, they freeze, there's less food out, there are less people throwing garbage out. ...

Cold winters have a significant effect on reducing rats."

If there's a rat infestation in a particular park and Simeone addresses it in the winter, "it's going to have a really good impact," he said. "It'll impact spring and summer," too.

And if you're wondering how much the rat population can actually be curtailed, Simeone has examples, like with Columbus Park in Chinatown. By installing Big-belly trash cans (those

solar-powered compactors experts say are great at keeping rats out of the garbage) and working through the other programs, Simeone and his team reduced the number of rat burrows in the park from 200 to about 10.

"That's a 95 percent reduction rate in rats there," he said. "But more important was that the commissioner of health, several months later went out, called me, and said, 'God, Columbus Park looks nice.'"

## New Yorkers outnumbered in rat race

The city's rat population is dominated by the brown rat (also known as the Norway rat).



In 2014 scientists measured the entire city's rat population to be approximately 20% of the number of humans.

# 8.4M

PEOPLE LIVING IN NYC\*



# 2M

RATS IN NYC\*

# 0.955

INCHES

The adult rat can squeeze through holes or gaps the size of a quarter.



## FAST FACTS

- Rats make a high-pitched noise when they play.
- Some species of rats can tread water for three days and hold their breath for three minutes.
- Rats expand and contract the blood vessels in their tails to regulate their body temperature.
- Their teeth can grow up to five inches per year and can gnaw through lead, cinder blocks and aluminum sheeting.

\*At the time of the study Source: Terminix Graphic by Billy Becerra, Metro

# Roy Moore threatens to sue Washington Post over sexual misconduct reports

Some of the reports include allegations of sexual misconduct with a 14-year-old girl when he was 32.



LENYON WHITAKER  
@MetroNewYork  
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Alabama Republican Senate candidate Roy Moore says he plans to sue The Washington Post over their report alleging he was involved with sexual relationships with teenagers when he was in his 30s working as an assistant prosecutor. One of the allegations includes a sexual encounter with a 14-year-old girl when Moore was 32.

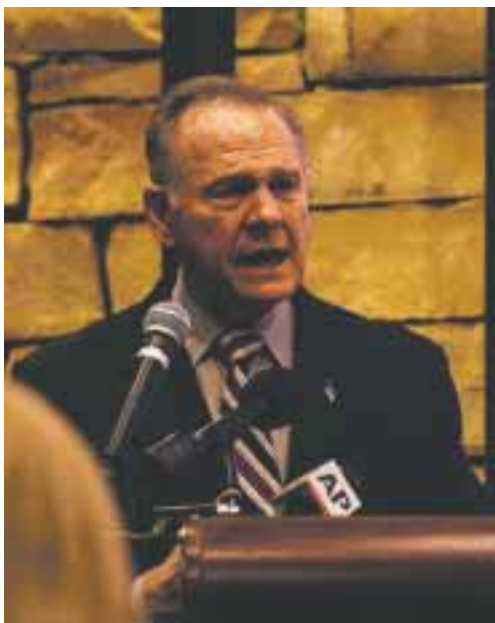
During a campaign event Sunday night in Huntsville, Alabama, Moore addressed the reported allegations during a speech, saying it was an attack on his campaign.

"The Washington Post published another attack on my character and reputation because they are desperate to stop my political campaign. These attacks said I was with a minor child and are false and untrue – and for which they will be sued," Moore said.

Since The Washington Post reported the allegations against him, Senate Majority Leader Mitch McConnell said Moore should quit his senatorial bid after the allegations of him having sexual contact with a 14-year-old. "I believe the women, yes," McConnell said to reporters Monday in Kentucky. "I

**"I believe the women. ... I think he should step aside."**

Sen. McConnell, on Roy Moore



Senate candidate Roy Moore has been accused of sexual misconduct. GETTY IMAGES

think he should step aside."

During an interview on "Meet The Press," Republican Sen. Pat Toomey has also suggested Moore should step down.

"You know, this is a terrible situation, nearly 40-year-old allegation, we'll probably never know for sure exactly what happened," Toomey said. "But from my point of view, you know, I have to say, I think the accusations have more credibility than the denial. I think it would be best if Roy would just step aside, he added."

Since the allegations were reported, several women including Katie Couric, Sarah Silverman and Alyssa Milano are responding to Moore's allegations by posting photos of themselves as teenagers to show the world what it looks like to be 14 and are using the hashtag #MeAt14 on Twitter.

Leigh Corfman was 14 years old when she said she met Moore. Corfman and her mother were in court for a custody hearing when Roy Moore introduced himself. Ac-

cording to Corfman, Moore started a conversation with them and offered to watch Corfman while her mother went inside for the hearing.

According to Corfman, Moore, 32, asked Corfman for her phone number. A few days later, Moore picked her up near her house and drove her to his house and told her how pretty she was and kissed her. On another visit, Corfman says he took off her shirt and touched her through her underclothes while guiding her hands to touch him through his.

Moore told Sean Hannity on his radio show that he did know Corfman but denies there was any sexual misconduct with her or any other woman.

During a Veterans Day event Saturday, Moore called all the allegations "fake news," according to CNN. He added by saying there are ongoing "investigations" to uncover the motives of The Washington Post and the truth will come out in the next few days.



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# Advocates unveil what BQX light rail could look like

The reveal aims to drive support for the BQX streetcar that would run 14 miles from Astoria to Sunset Park on the Brooklyn-Queens waterfront.



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Advocates hoping the proposed Brooklyn-Queens Connector, or BQX, becomes a reality along the Brooklyn-Queens waterfront unveiled the first glimpse at what it might look like on Monday.

The nonprofit Friends of the Brooklyn-Queens Connector revealed a life-size prototype of the streetcar at the Brooklyn Navy Yard, which is expected to add 10,000 new jobs over the next three years, to urge newly re-

elected Mayor Bill de Blasio to make the light-rail project a priority in his second term.

The Friends of the BQX said the project would connect 400,000 residents and 300,000 workers in subway deserts along the 14-mile stretch of the waterfront from Sunset Park to Astoria.

"Today we're providing New Yorkers with their first real taste of what the BQX would look and feel like and calling on the city to bring light rail service to areas long underserved by reliable mass transit," Executive Director Ya-Ting Liu said in a statement. "Today we can start to imagine what's possible, and now it's time for the city to make this a reality."

Brooklyn Borough President Eric Adams said that the area is "stifled by the severe lack of transit" that connect the neighborhoods to the work-



The BQX would connect 400,000 NYC residents. PROVIDED

force, which could expand should the city be selected as the location for Amazon's second North American headquarters, commonly known as HQ2.

"With the city's recent Amazon HQ2 bids focusing on the Brooklyn Tech Triangle and Long Island City, the BQX can be a vital connector for workers heading to those potential tech hubs," said Nick Sifuentes, executive director of Tri-State Transportation Campaign. "A potential massive influx of new high-paying jobs will require rethinking

transit in these areas, and the BQX can be part of that solution."

The large-scale transit project, which de Blasio announced in February 2016, would cost \$2.5 billion and be developed and run independently of the beleaguered MTA, though it would offer a familiar ride, according to the prototype.

The 46-foot-long, 8.7-foot-wide BQX model revealed Monday consisted of two articulated cars, including one for the driver, that are similar to Select Bus Service



Currently undergoing a feasibility study, the BQX is slated to begin construction in 2019, with the light rail opening in 2024. PROVIDED

buses to allow for additional straphangers. The streetcar offers 23 seats, leaning bars and handrails as well as street-level boarding for riders with mobility issues.

The \$100,000 prototype was created by Alstom, a French firm that has factories in New York state and has developed light-rail options for cities like Toronto.

Since its proposal last year, the BQX has faced

questions about its funding, which is said to be connected to property taxes, and the acquisition of waterfront land.

The BQX is currently undergoing a feasibility study to answer these questions as well as establish its routes, but an extensive approval process is still ahead. Construction is slated to begin in 2014, with the BQX officially opening for business in 2024.

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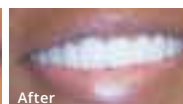
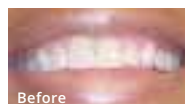
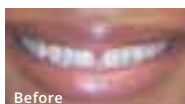
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## NY is nation's top spot for cigarette smuggling: Report

In 2015, the most recent year reported, New York state lost \$1.63 billion from untaxed cigarette sales, the Tax Foundation found.



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Despite its best efforts to deter New Yorkers from smoking, the city still has plenty of smokers — many of which appear to be sidestepping New York's high cigarette tax, a new report found.

The state's Tax Foundation found that New York "is the highest net importer of smuggled cigarettes, totaling 56.8 percent of total cigarette consumption in the state," the New York Post reported.

The study found that cigarette smuggling has jumped 59 percent since 2006, as did the tax rate, which saw a whopping



According to the state's Tax Foundation, 56.8 percent of total cigarette consumption in New York is from smuggled cigarettes. GETTY IMAGES

190 percent increase during that same time frame.

In 2015, the most recent year reported, the Tax Foundation found that untaxed cigarette sales have cost the Empire State \$1.63 billion.

Each pack of cigarettes bought in New York City carries a \$4.35 tax from the state and an extra \$1.50 from the city, making them "the highest cigarette taxes in the nation," Scott Drenkard, the agency's director of state projects, told the Post.

Smuggling by the black market in 2015 cost the city about \$740 million and the state an additional \$895 million, according to the report.

"Growing cigarette tax differentials have made cigarette smuggling both a national problem and in some cases a lucrative criminal enterprise," the study said.

In August, Mayor Bill de Blasio announced seven bills that aimed to drop the number of cigarette smokers in the city.

Among the legislation is a price-per-pack increase to \$13 from \$10.50, limiting retailers with tobacco licenses and banning pharmacies from selling tobacco products.

According to a statement from the mayor back in August, smoking rates in the city have dropped to 14.3 percent in 2015 from 21.5 percent in 2002, the year before statewide smoking bans went into effect.

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# Uber driver dies after attack by hockey-stick-wielding pedestrian: Police

Randolph Tolk, 68, died early Sunday morning after crashing his car following an altercation with pedestrian Kohji Kosugi near Chelsea Piers.



NIKKI M. MASCALI  
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An Uber driver who was attacked with a hockey stick by a pedestrian over the weekend died early

Sunday from his injuries, the NYPD said.

Randolph Tolk of West New York, New Jersey, got into an altercation with Kohji Kosugi, 39, of Manhattan late Saturday night in the vi-

cinity of Chelsea Piers.

According to police, Kosugi hit the 68-year-old Tolk's 2010 Toyota Camry with his hockey stick after the vehicle nearly struck him while he was in the crosswalk. The incident

turned physical after Tolk exited his vehicle, and Kosugi hit Tolk in the head with the hockey stick. Kosugi continued striking Tolk after the driver fell to the ground, The New York Times reported.

Kosugi fled, and Tolk got back in his Camry and drove 10 blocks south on the West Side Highway before he crashed into a median around midnight, police said.

An eyewitness to the dispute had followed Tolk until he crashed and called 911. Tolk was taken to Lenox Hill Hospital, where he was pronounced dead at 12:40 a.m.

Kosugi was arrested on manslaughter charges at his East 10th Street home Sunday afternoon after police investigators identified him from surveillance video at Chelsea Piers, which has a hockey rink, and obtained his name and ad-

dress from the facility.

In a statement, Uber said Tolk worked for the ride-hailing service for years, but had not been logged in at the time of the attack.

Tolk's son, Andrew, 31, told the Times that his father was born in Brooklyn and previously worked in the garment industry. He said their family lost their home in West New York in 2010, and he turned to Uber for work.

His wife had moved to Las Vegas to be near their two sons and grandchildren, where Tolk had hoped to move as well. Though his main address was in West New York, Tolk resided in Brooklyn, Andrew said.

"I'm numb," he said of the attack. "I just can't understand how a person my age whacks a 68-year-old man with a hockey stick continuously."



Kohji Kosugi, above, has been linked to a fatal altercation that occurred last Saturday night near Chelsea Piers. FACEBOOK

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## TAXES

### Trump to lawmakers: Cut health mandate, top tax bracket

President Donald Trump urged lawmakers on Monday to slash the top tax rate paid by the wealthy and end the Obamacare individual healthcare mandate, even as he praised their work so far on tax reform in the Congress.

Members of the U.S. House of Representatives and Senate were debating their respective plans this week before heading home for the U.S. Thanksgiving Day holiday.

Republicans are aiming to achieve a significant overhaul of the U.S. tax code and hand Trump his first major legislative victory. The two chambers hope to resolve their differences in time to enact

the legislation by the year's end.

Trump has repeatedly pushed for the tax reform bill to include a repeal of the Affordable Care Act mandate that all Americans purchase health insurance. Neither the House nor Senate proposal includes such a provision.

"Now, how about ending the unfair & highly unpopular Indiv Mandate in OCare & reducing taxes even further? Cut top rate to 35 percent w/all of the rest going to middle income cuts?" he added.

Treasury Secretary Steve Mnuchin and Trump's daughter Ivanka touted the Republican tax initiatives as good for economic growth and for families in an appearance at a Bayville, New Jersey, fire station. REUTERS



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Under 1 percent of people studied experienced sudden cardiac arrest during (or immediately after) sexual activity. GETTY IMAGES/ISTOCKPHOTO

# This is how likely it is you'll have a heart attack during sex

It doesn't tax our tickers as much as we think.



MEAGAN MORRIS  
@MetroNewYork  
letters@metro.us

Some potential sexual partners might promise heart-stopping sex if you slip between the sheets with them, but a new study shows that's probably not going to happen.

Jokes aside, the risk of sudden cardiac arrest and death is a concern for people with heart disease — including during sex — but the chances are “extremely low,” according to senior study author Dr. Sumeet Chugh, medical director of the Heart Rhythm Center at the Cedars-Sinai Heart Institute in Los Angeles.

For the study, researchers analyzed data from 4,500 people who experienced sudden cardiac arrest, or the condition where the heart stops abruptly.

Under 1 percent of people studied experienced sudden cardiac arrest during (or immediately after) sexual activity, about 34 people out of the 4,500. Most of the incidents — around 94 percent — occurred in men around 60 years old on average, according to the study presented during the American Heart Association's Scientific Sessions meeting California on Nov. 12.

Women only accounted for two of the incidents.

Chugh said the results surprised him, but in reality sex isn't as aerobically challenging as some people believe. A 2011 study by researchers at Harvard found that sex is easier than working out on a treadmill — and the heart rates of the men in the study rarely rose above 130 beats a minute.

That's about equivalent to walking up two flights of stairs.

The more disturbing finding, according to Chugh and his team, was that other people who witnessed the sudden cardiac arrest, like a sexual partner, only performed potentially life-saving bystander CPR about one-third of the time. Bystander CPR happens when a witness performs CPR until medical personnel arrive — and it can double or triple a victim's survival rate, according to the American Heart Association.

“It stands to reason that if CPR is learned [and] performed by all sexual partners, there is a good possibility of improving survival,” Chugh added.

So, it's probably a good idea to sign up for a CPR class before you get into your next relationship.

## NEW JERSEY

### Jurors in NJ senator's bribery trial told to keep talking

The judge in the bribery trial of Democratic U.S. Senator Bob Menendez of New Jersey told a jury on Monday to continue deliberating after the panel said it was unable to reach a unanimous verdict, according to defendant's spokesman.

District Judge William Walls sent the jurors home for the day and told them to resume their deliberations on Tuesday, Steven Sandberg, a representative for Menendez, said in an email.

A representative for the court clerk's office and the U.S. Department of Justice did not respond to a request for comment.

Menendez is on trial on charges that he accepted private flights, campaign contributions

and other bribes from a wealthy patron, Florida ophthalmologist Salomon Melgen, in exchange for official favors between 2006 and 2013.

Lawyers for Menendez and Melgen have told the jury in Newark that they did nothing wrong and their actions stemmed from a close, brother-like relationship.

If Menendez is convicted, Republicans will be presented with a chance to gain a seat in the closely divided U.S. Senate, as his replacement would be named by Republican Gov. Chris Christie. Christie will remain in office until Jan. 16, when Democratic governor-elect Phil Murphy will take his place.

If found guilty of all charges, Menendez could face a sentence of up to 20 years in prison. REUTERS

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# Here's why IUDs could reduce your risk of cervical cancer

Study shows birth-control method may combat "impending epidemic."



MEAGAN MORRIS  
@MetroNewYork  
letters@metro.us

Intrauterine devices — more commonly known as IUDs — do a pretty amazing job at preventing unwanted pregnancies, but a new study shows they have another power as well.

Researchers at the Keck School of Medicine of the University of Southern California examined data from 16 clinical trials of more than 12,000 women around the globe and found that using an IUD could decrease the chances of cervical cancer diagnosis 33 percent.

There were 528,000 cases of cervical cancer diagnosed worldwide in 2012, according to the World Health Organization, with over half dying from the disease. Even worse: The WHO also predicts that the disease

will skyrocket over the next two decades with over 756,000 cases — and 416,000 deaths — by 2035, many of these in developing countries without adequate access to treatment and the human papilloma virus (HPV) vaccine.

"A staggering number of women in the developing world are on the verge of entering the age range where the risk for cervical cancer is the highest — the 30s to the 60s," said lead study author Victoria Cortessis, PhD. "Even if the rate of cervical cancer remains steady, the actual number of women with cervical cancer is poised to explode."

"IUDs could be a tool to combat this impending epidemic."

Study researchers believe that just having the IUD in the uterus helps decrease risk of cervical cancer.

There are five types of IUDs available in the United States, some made of plastic that time-release hormones to prevent pregnancy, and another made with copper and no hormones. The T-shape device is inserted into the uterus and creates an inflammatory reaction, preventing sperm from attaching to an egg.

This inflammatory response possibly has another benefit, according to the USC team. They believe that because the body boosts the immune system to fight off the

IUD and, infections like HPV may also be warded off.

Research into the connection is still in the beginning stages, but the study authors

are hopeful this discovery could eventually decrease the number of cervical-cancer deaths around the world.

"If we can demonstrate that the body

mounts an immune response to having an IUD placed, for example, then we could begin investigating whether an IUD can clear a persistent HPV infection in a clinical trial," said gynecologic oncologist and study coauthor Dr. Laila Muderspach. "The results of our study are very exciting. There is tremendous potential."

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Study researchers believe that just having the IUD in the uterus helps decrease risk of cervical cancer. GETTY IMAGES

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## 'Hannity' fans destroying Keurig coffee makers to protest company's withdrawn ads

Fans of Fox News' "Hannity" are trying to punish Keurig, the makers of coffee-pod machines, for withdrawing ads, by posting videos of their coffee makers being destroyed.

The company announced it was dropping its sponsorship of the show after Sean Hannity seemed to defend Alabama Senate candidate Roy Moore's purported sexual relationship with a 14-year-old girl when he was 32.

On Thursday, The Washington Post reported that Moore, then an assistant attorney general in Alabama, had pursued and sexually touched a 14-year-old in 1979. On his radio show that day, Hannity said the relationship was "consensual." That night on his Fox News show, Hannity said he "misspoke" and "was absolutely wrong" but then discussed the accusers possibly being paid or politically motivated.

On Friday, Angelo



Some "Hannity" viewers tweeted videos of themselves destroying their Keurig machines under the hashtag #BoycottKeurig. GETTY IMAGES

Carusone, the president of Media Matters for America, a watchdog group that has previously organized advertiser boycotts of Hannity's show, tweeted Keurig about sponsoring "Hannity." Keurig replied that it had stopped an ad from airing on the show.

Hannity's supporters then began tweeting in defense of the Fox News host, and some attached videos of themselves destroying their Keurig machines under the hashtag #BoycottKeurig. The methods of destruction

included dropping from a multistory building, setting on fire and smashing with a golf driver.

In terms of the bottom line, CBS MoneyWatch wrote Monday that the international company shouldn't get too jittery about the protest, noting that the brand's devotees dwarf the "Hannity" nightly audience of 3.2 million: "Even if all of those 'Hannity' viewers owned a Keurig machine, it would still represent a fraction of Keurig's consumer base," said CBS. **MICHAEL MARTIN**

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# Puerto Rico requests \$94.4 billion from US Congress for rebuilding

Hurricane Maria devastated the island on Sept. 20.

Puerto Rico Gov. Ricardo Rossello on Monday requested \$94.4 billion from Congress to rebuild the island's infrastructure, housing, schools and hospitals devastated by Hurricane Maria.

"This is a conservative estimate based on similar efforts that have been done in New York, New Jersey and of course in Texas most recently," Rossello said at a press conference streamed online from the National Governors Association in Washington.

"Now, I am however confident that we have turned a corner. That we are now flowing out of the life sustainment phase and we are starting the recovery phase, and the rebuilding phase," Rossello said.

In a letter to President Donald Trump, Rossello said recovery from the storm, the worst hurricane to hit the U.S. commonwealth in 90 years, exceeded the resources of the Federal

Emergency Management Agency's Disaster Relief Fund and associated programs.

At the top of priorities is \$31.1 billion for housing, followed by \$17.8 billion to rebuild and make more resilient the power grid.

Puerto Rico Resident Commissioner to the U.S. Congress Jenniffer González-Colón accompanied Rossello and said she introduced legislation to reform the disaster relief law known as the Stafford Act.

The reform would allow disaster-recovery money to be used to modernize infrastructure, not just return it to recent condition. Puerto Rico's infrastructure was already weak.

Restoring the power grid has been a top priority since Maria's 150 mph winds knocked it out completely on Sept. 20.

Rossello and the island's power authority, PREPA, were criticized for a no-bid contract with a tiny private firm, Whitefish Energy, for a portion of the repairs. Rossello canceled the contract on Oct. 29 after an uproar

over its provisions.

On Monday, a U.S. federal judge rejected a request by the federally appointed Financial Oversight and Management Board for Puerto Rico to install a former military officer to

oversee PREPA, a victory for Rossello, whose government opposed the appointment.

The U.S. Department of Energy's latest readings indicate 47.8 per-

cent of power capacity has been restored.

Puerto Rico's economy was already in recession before Maria landed and its government filed for bankruptcy in the face of

\$120 billion in debt and pension liabilities.

Rossello said the decisions Congress takes now will define "how successful we are in rebuilding Puerto Rico."

REUTERS



Power line poles that were downed by the passing of Hurricane Maria lie on street last week in San Juan, Puerto Rico. GETTY IMAGES



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And for generations, knee arthritis has given good, hard working people a life sentence of pain and suffering. To make things worse, slick marketers only add to the pain by promising wonder cures. Late night television and your mail box are filled with "wonder arthritis cures" that make wild claims and sound too good to be true . . . **Because They Are**

Nothing is worse than getting your hopes up - spending your hard earned money - only to be let down time after time.

### It is easy to give up...

But while marketers were peddling "wonder cures," real doctors and researchers were hard at work trying to discover a real medical solution. Modern medicine eradicated small pox and polio. Through laser eye surgery, doctors can give almost blind people perfect 20/20 vision. The potential cures on the horizon with breakthroughs like stem cell and regenerative therapies are endless.

### Solve The Riddle Of Arthritis Pain?

For the past 3 years, that's exactly what a medical clinic in New York City has been doing. The **NYC Pain MD** doctors have been able to help thousands of knee arthritis sufferers with cutting-edge treatments and technology older generations could only dream about. One of these treatments in particular has helped thousands of patients ease or eliminate pain and go back to doing their favorite activities like: walking, playing golf, tennis and many more. The treatment is called viscosupplementation. *But wait.* This is NOT the typical viscosupplementation. So if you are one of the many knee arthritis sufferers who already had viscosupplementation and did not get great results - what you are about to discover should be very important. to you in particular. It might even get you out of pain.

**Here is why:** During viscosupplementation, a special lubricating gel is put directly into your arthritic knee joint. This not only helps the knee joint to glide more smoothly, it acts as a cushion, protects the joint. and relieves a lot of pain. This is often referred to as "joint oil." In many cases, when done properly, this can dramatically lessen knee pain for up to 6 months and much longer in many cases.

**And even better** - if this treatment works for you the first time - it can be safely repeated when necessary and the results are often better for some.

### Like Threading A Needle?

The key to this treatment being successful is actually getting the special lubricating gel directly into the joint where it can go to work. That's why the doctors at **NYC Pain MD** use very advanced digital imaging that allows them to see directly into the joint and make sure the lubricating gel "hits the spot" and the treatment has the best odds for success. Studies show that doctors doing these types of procedures without this special imaging actually miss the joint space up to one third of the time!



"I've had trouble with my knee walking. I'm a golfer and want to play golf but I couldn't. I made the call and went and it's the best thing I ever did. It's just - now I can play golf, I can walk, I can climb stairs, I can do things I did many years ago".

"It's the smartest thing ever did" "Since I've been going for the treatment for my knees I don't take any pills, I take not over the counter medication.."

"This a good alternative to surgery." "I am so glad I went. I'm so confident I feel so good about it and I recommend it to everybody."

William La Spina . Golf Enthusiast

(While **NYC Pain MD** cannot say all patients will respond like this we can say they are possible. Every patient is individual and results will vary. patient to patient.)

### Why Treatment Can Fail

This is why viscosupplementation can fail for some people. It is also why many knee arthritis sufferers come to **NYC Pain MD** after failed treatments elsewhere... and are finally able to get relief. It is not uncommon for patients to travel hours for the advanced treatments given at **NYC Pain MD**.

### Patients Should Be Assured About Precision Treatments

**ONE BIG MISTAKE** we have heard about is to use digital imaging or ultra-sound to mark the knee and then shut off the imaging and then not use it during the treatment procedure.!!! **This means the doctor did not actually see if the lubricating gel went exactly where it was intended.** The only way to know for sure if the procedure was as accurate as possible - and the lubricating gel went precisely into the joint space - is to use the digital imaging **during the entire procedure.** You can actually see the lubricating gel as it goes where it is needed. **If you did not actually see it on the digital imaging screen - you do not know for sure if you actually got the proper treatment.**

If you are going to have this treatment, make sure you ask your doctor if special digital imaging is used **THROUGHOUT THE ENTIRE PROCEDURE.** Not just in the beginning. If you have already had this procedure without this advanced imaging... Or if it was only used in the beginning... There is a good chance you did not get the results you could and should have.

**"Clearly, technology is only as good as the doctors using it ... and clearly experience matters"**

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### Who Is This Treatment For?

This treatment is not for everyone. But it is for a lot of people who suffer with knee arthritis. Especially if you would like to avoid total knee replacement surgery and possible lessen or eliminate your pain. This treatment



# Treatments Their Parents Could Only Dream About

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may help you if you have knee pain due to arthritis. It may also help you if you do not have dramatic visible signs of arthritis on x-ray. Studies show that arthritis is present long before it can be seen on x-ray. In fact, the sooner you start this treatment the better. So, if you have knee pain - seeing one of the specially trained medical doctors at **NYC Pain MD** could be the answer you are looking for. **This is important - this is especially for you if you have had viscosupplementation in the past without good results.**

Many patients who did not have good results elsewhere are often able to get very favorable results because of the advanced technology and procedure experience at **NYC Pain MD**. In fact, some patients have decided to cancel knee surgery and others go back to the active life-style they had before it was stolen by all the pain.

### How To Find Out If The Experts At NYC Pain MD Can Help You

If you have knee arthritis pain and would like to see if this treatment might help you - the experts at **NYC Pain MD** offer a complimentary screening appointment.

This screening will help determine if you are a candidate for treatment and also gives you a chance to get your questions answered.

If you are a candidate, you will leave knowing that you found the possible way to lessen or even eliminate your knee pain for 6 months or more.

There is no obligation and if you are not a candidate - the doctor will help you find the best doctors and treatments for your individual case.

To set up a complimentary screening, just call 800-741-5340. But if you want a screening, we recommend calling right now. Due to time limitations, the center can only offer a limited number of screenings per month. They decided to limit the number because they believe in giving every patient the individual time they deserve. If you have ever been to a doctor's office and been rushed or treated like a number - **NYC Pain MD** is different. We would consider this like a "throwback" to the old days of medicine. Before the days when HMO's and insurance companies (and now Obamacare) turned medicine into a business only and made it so difficult to care for patients the best way possible. If you are looking for a state-of-the-art medical clinic with "old school" ethics and values and treats patients



**The Secret To Knee Pain Relief?** With advances in medical science and technology the doctors at **NYC Pain MD** have been able to help thousands relieve their pain and get their active lifestyle back.

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and treatment. This screening is offered at no cost to the patient. All your questions answered and you will find out if this treatment is for you. Zero risk or obligation. Just call **800-741-5340**. Tell them, "I would like the knee screening." They will take care of everything. Due to demand, spots are limited - call immediately to avoid unnecessary waiting. The number to call is: 800-741-5340

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like the good 'ole days... then **NYC Pain MD** may be just what you've been looking for. Just call 800-741-5340 and secure your no obligation screening before someone else gets your spot. The risk is nothing. The potential is getting your pain-free life back.

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The Italian national soccer team will not be at the World Cup for the first time in nearly 60 years. GETTY IMAGES

# Italy misses World Cup for first time since 1958

The Italians will miss World Cup 2018 in Russia after falling to Sweden in the playoff.



JOE PANTORNO  
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Be prepared for an odd World Cup. For the first time in almost 60 years, the Italians will not be ap-

pearing in a World Cup after dropping their two-legged playoff to Sweden by an aggregate score of 1-0.

Italy's streak of 14-straight World Cup appearances was the third-longest active streak. Brazil has been to the World Cup 20 consecutive times while Germany has been to 16 straight.

This is the 12th time Sweden has qualified for the World Cup and the first time they've made it since 2006 in Germany when they made the Round of 16.

Sweden's lone goal came via Jakob Johansson in the 61st minute of the first leg in Sweden and did just enough to keep Italy at bay in Milan on Monday.

While the Azzurri were desperate, their attack to find a single goal was underwhelming. Though one of their best attackers, Lorenzo Insigne of Napoli spent the entire match on the bench.

The first half was dominated by controversy as there were three legitimate penalty shouts.

The Italians felt wronged when Marco Parolo was taken down in the box by Ludwig Augustinsson without a call. But the ill will toward the

## 14

ITALY'S STREAK OF 14 STRAIGHT WORLD CUP APPEARANCES WAS THE THIRD-LONGEST ACTIVE STREAK.

officiating shifted when Swedish shouts for two fairly clear handballs went unsatisfied.

Ciro Immobile provided Italy with its best chance of the half when his effort was cleared off the line after Swedish goalkeeper Robin Olsen got a piece of it.

Chances did fall to the Italians near the Swedish goal, but a team that lacked any sort of attacking firepower was unable to capitalize during a second half that did see the hosts dominate most of the stanza.

While the fallout from this failure will result in what is expected to be a swift removal of Gian Piero Ventura as manager and restructuring of the Italian federation, it is a disappointing way for the international career of Gianluigi Buffon — the greatest keeper in Italian history — to end.

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## WORLD CUP

### Honduras accuses Australia of spying by drone

Honduras accused Australia of spying on their training sessions with a drone on Monday, as tensions heated up ahead of Wednesday's decisive World Cup playoff match.

The Honduran National Football Federation posted on Twitter 18 seconds of footage of a drone flying above Sydney's Olympic Stadium, where the team trained after their long flight from central America.

"Australia spied on Honduras's official training session from a drone, causing discomfort among the Honduran team and delegation," FENAFUTH said on its Twitter feed.

Honduras face the Soceroos at the same stadium on Wednesday night for the deciding second leg of their intercontinental playoff with the scores level at 0-0 after a tightly fought first leg in San Pedro Sula on Friday.

"We weren't involved," said a spokesman for Football Federation Australia (FFA).

Honduras boss Jorge Luis Pinto was also involved in a row with the media at the start of the session when he tried to close training before the 15 minutes of open access allowed under FIFA rules.

"They should show us some respect, we respected them in Honduras so they should show us respect here," he shouted in Spanish at photographers and cameramen.

Colombian Pinto also suggested on his arrival in Sydney that someone in the Honduran media had leaked tactical details to Australia, broadcaster Televiscentro reported.

According to Honduran newspaper La Prensa, Honduras team management sent up drones of their own in 2016 to ensure no unauthorized parties were monitoring their training sessions. REUTERS





Yankees star Aaron Judge took home American League Rookie of the Year honors on Monday night. GETTY IMAGES

## Yankees' Judge wins AL Rookie of the Year

The Bronx-based slugger was the heavy favorite for the honor.



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It was already a given, but now it's official: New York Yankees slugger Aaron Judge is the 2017 American League Rookie of the Year.

Major League Baseball announced Judge's victory on Monday night, making the 25-year-old the ninth-ever Yankee to win the award. He's the first to do so since Derek Jeter in 1996.

Judge put together the greatest power-hitting season by a rookie in MLB history, blasting 52 home runs and 114 RBI with a .284 batting average. Only Babe Ruth, Roger Maris, Mickey Mantle and Alex Rodriguez have hit more home runs in a single season with the Yankees than Judge.

Those 52 longballs also

broke Mark McGwire's rookie record of 49 that he set with the Oakland Athletics in 1987.

He quickly became a fan favorite across the league during the first half of the season, hitting 30 home runs before the All-Star break. One of those bombs he hit was the longest in the league this season, smashing a 496-foot blast against the Baltimore Orioles.

Of his 52 dingers, 10 of them traveled more than 450 feet.

Good things generally happened when Judge managed to get the ball into the air. On fly balls and line drives this season, Judge's average exit velocity of 100.2 miles per hour was best in the league.

Even though a slump resulted in his average to plummet and strikeouts to rise, he was a clear and heavy favorite for Rookie of the Year honors.

Now, what can we expect in 2018? It's safe to say expectations will be sky high.

### HAZING DEATH

#### Recovered Penn State hazing death video leads to fresh charges

A prosecutor brought fresh charges against 12 members of a Pennsylvania State University fraternity on Monday in the death of a 19-year-old student after examining recovered surveillance-camera video of an alcohol-fueled initiation rite that turned deadly.

Timothy Piazza died on Feb. 4 after a drinking game at the Beta Theta Pi fraternity house

in the town of State College as part of a hazing ritual, in which would-be members face degrading challenges.

A total of 17 fraternity members are now facing various charges, including involuntary manslaughter, aggravated assault, hazing and furnishing alcoholic beverages to a minor under the age of 21.

Two of the people charged on Monday had previously faced criminal complaints that had been dismissed.

Announcing the new charges, Stacy Parks Miller, Centre County's district attorney, said the recovered footage, which had been deleted after the fraternity learned police were planning to seize the video, clearly showed criminal conduct.

The video captured games involving the rapid consumption of wine, beer and vodka in the fraternity house's basement during a party for newly accepted members and showed Piazza being given at least 18 drinks

over a period of 1 hour and 22 minutes, Parks Miller said.

"He never once obtained those drinks for himself, brothers came up and gave them to him," she said at a news conference at the courthouse in Bellefonte, referring to fraternity members.

Piazza, a student from Lebanon, New Jersey, seriously injured himself after becoming intoxicated at the party, taking two tumbles down flights of stairs. He died two days later.

REUTERS



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# Trump asks China for help with UCLA basketball players held for shoplifting

While LiAngelo Ball and his teammates await their fate, dad LaVar Ball and little brother LaMelo Ball are promoting sneakers in Hong Kong.



KIMBERLY M. AQUILINA  
@KimESTaqui  
kimberly.aquilina@metro.us

President Donald Trump personally asked the president of the Republic of China's Xi Jinping to help with the shoplifting case involving three UCLA men's bas-

ketball players, including LiAngelo Ball, brother of Los Angeles Lakers rookie guard Lonzo Ball.

Ball, a guard, along with forwards Cody Riley and Jalen Hill were arrested the day before Trump's two-day state visit for allegedly stealing sunglasses from a Louis Vuitton store next to the team's hotel. The trio did not play in the game against Georgia Tech, missing out on a win in Shanghai, The Washington Post reported.

Ball, Riley and Hill did not fly home with the team after Saturday's game, ESPN reported, and could be forced to remain in Hangzhou for another "week or two." A source told ESPN that there is surveillance footage of the three players shoplifting earlier in the week from three stores inside a shopping center, which houses Louis Vuitton, Gucci, Yves Saint Laurent and Salvatore Ferragamo stores.

Xi promised Trump that the UCLA players will be treated fairly and expeditiously, an anonymous U.S. official told the Post.

This official also indicated that charges

against the players have been reduced and that the case is heading toward a resolution.

Lonzo Ball said his father, LaVar Ball, called him Friday night and told him "we are handling it out here, so that's a good sign," ESPN reported.

A source told the Los Angeles Times that a representative from the team and Pac-12 are staying with the players. LiAngelo Ball's family is in Hong Kong marketing \$495 Big Baller Brand shoes, according to a tweet from LaVar Ball.

LiAngelo Ball declined to comment when reached by phone at his hotel on Wednesday, Reuters reported. The others could not be reached.

Sources told Reuters that police had released the three on condition they remain at their hotel during the legal process.

Often China will deport foreigners suspected of having committed relatively minor offenses.

The U.S. State Department and UCLA athletics officials have declined to say how long legal proceedings might take, according to Reuters.

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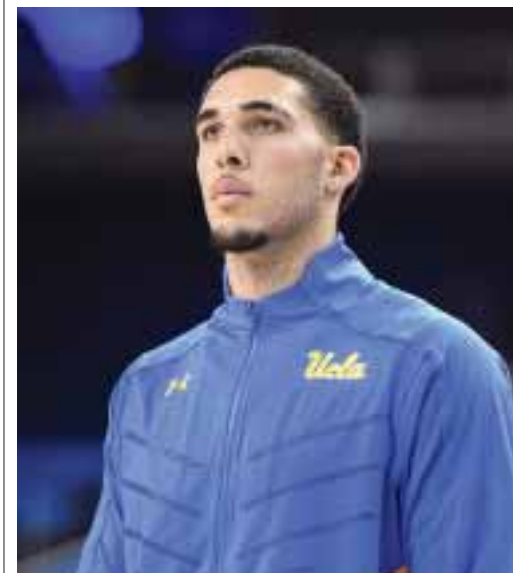
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UCLA guard LiAngelo Ball before a basketball game GETTY IMAGES





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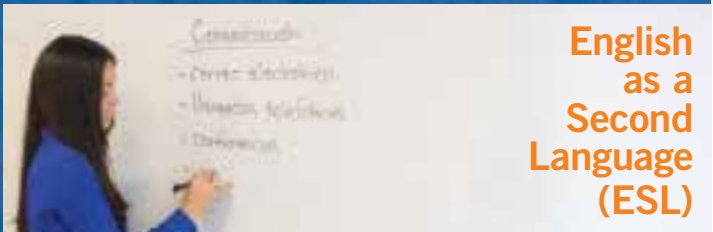
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**tag:**

#### MARACH T.

Every single service that I got at Touro GST's Career Services turned out to be essential to my career development, especially the mock interview. Thank you Touro GST for contributing to my success at Tag as a Front-end Developer!

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Professor Al Doyle, Chair of the Multimedia & Web Design Program at GST, an expert in teaching with technology in schools, colleges and museums, will conduct this workshop using the popular app, Doodlematic. The two-hour workshop is open to beginners and advanced learners alike. Prof. Doyle will feature examples created by Touro's graduate students, and enable you to find out if game design is the right career for you.

The Game Design Workshop will be held Wednesday, November 29, from 6 p.m. to 8 p.m. at 27 West 23rd Street, Room 534. Seating is limited; please register by November 23. The registration fee is \$20.

Open to college students and graduates interested in further study. Pizza supper will be provided.

To register, visit: [gst.touro.edu/gamesdesign/1](http://gst.touro.edu/gamesdesign/1) or call: **877-669-7227**

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## Ziga-zig ah! Spice Girls may be reuniting

Please let this be true.



Good news: The Spice Girls are apparently eyeing a reunion.

And because a Spice Girls reunion isn't a Spice Girls reunion with every damn Spice, Mel C. has reportedly been working with Simon Fuller — the girl group's former boss — to bring Victoria Beckham, Mel B, Emma Bunton and Geri Horner (née Halliwell) back together for a one-off special and a compilation record in 2018.

Every time there are talks of a reunion, Beckham — who, as Posh Spice

offered the least, but now in 2017 is somehow the most famous of the five — shuts it down. Earlier this year, she said on the "Today" show that their reunion at the Olympics was basically enough. "I think you need to know when it's time to actually say, 'That was great, we achieved a lot' and everybody moves on."

Well, Posh, we must say — moving on is for suckers. Give the people what they want! Please?

## Jenny Slate gushes about her BF

Jenny Slate is talking about her boyfriend on Twitter and it's totally Chris Evans, right?

In case you missed it, Slate and Evans — who gushed about each other tons after their breakup — have been spending lots of time together. Most recently, the "Captain America" star posted a video of his dog, uh, "singing" with Slate laughing off camera. So yeah, they're not exactly being coy.

Now Slate is tweeting nonsense about

boyfriend and turtlenecks, so let's just call it official, eh?

"My boyfriend does many dreamy & generous things," she writes. "But number 1 in my mind right now is how he celebrates my new turtlenecks/lets me show him my online shopping spoils & cheers me on."

It's nice when two rich, conventionally attractive people like each other a lot and are thirsty about it. It's a good reminder that celebrities are just as basic as the rest of us.

Celebrities:  
They're just  
like us.



## Marc Maron says Louis C.K. was a lyin' man

Celebrities are still reacting to last week's exposé on Louis C.K., in which he was accused by five women of sexual misconduct. Marc Maron, a longtime friend of C.K.'s, promised to address it on his podcast — "WTF With Marc Maron" — and he's kept good on that offer.

On the show's Nov. 13 episode, Maron said that he asked C.K. about the sexual misconduct rumors, and the "Louie" star dismissed them as just that: rumors.



Thanks,  
Maron.  
ALL PHOTOS  
GETTY IMAGES

"I would say, 'This story about you forcing these women to watch you jerk off, what is that, is that true?' He goes, 'No, it's not true. It's not real. It's a rumor.' ... That was the conversation."

He went on to say that C.K. represents a larger problem in comedy. "It's hard to understand that that power dynamic is real and it exists, because things have been the way they are for a long time," he said.

Well, at least somebody knows what's up.

# the word

It's been awhile since we mentioned Kylie Jenner, but we suppose it's time to check in with the youngest member of the Kardashian-Jenner clan. Let's get this over with.

The 20-year-old shared a video on Snapchat of her driving her Bentley (of course) to Kim Kardashian West's baby shower (of course).

## Whatever: Kylie Jenner could be engaged



Can't say we're very invested in this.

plotting a shotgun marriage? She so would."

A source confirmed to People that Jenner and her boyfriend, Travis Scott, are set to welcome a girl in February, officially igniting the nightmare fuel of our wildest dreams. But the social-media butterfly has largely kept mum on her accounts — and so far, she's had nothing to say about her new bling.

We are actually super-into this new Kylie Jenner, and we could get used to it. So, Kylie, keep it up! The less of you, the more mystery — and the less Kylie fatigue for us.

And in the snap, she's sporting a rather excessive diamond ring which has people thinking — "Wait, is Jenner



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# 'Future Man' doesn't take itself too seriously

Why the new Hulu series makes for easy watching.



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"Future Man" is less "Preacher," more "This is the End," Seth Rogen- and Evan Goldberg-wise.

The series counts the two Canadians as its creators, and good thing: Not everyone can do a light take on an all-too-near dystopia. Premiering on Hulu on Nov. 14, "Future Man" is another entry into the time-travel genre, set apart mainly by its protagonist, Josh Futturman (Josh Hutchinson), a deadbeat janitor living with his parents. Futturman spends the majority of his time playing "Biotic Wars," an unbeatable video game, and chronically masturbating, as one



It's up to these three to save the world. And the odds aren't exactly looking great. HULU/ERIN SIMKIN

does. That is, until the day he beats the game.

That's when two characters from "Biotic Wars," Tiger (the delightful Eliza Coupe)

and Wolf ("Preacher" star Derek Wilson) appear in his bedroom, hailing from the future and naming Josh their unlikely uppercase-S

Savior. As you've probably guessed, shenanigans ensue. And, yes, many of them based in the sick wonders of various bodily fluids — blood, guts, and, well, let's just call them unmentionables.

The actors are clearly having a lot of fun, and it shows. The series makes for an airy good time. There's nothing wrong with it, exactly, but it's missing a little oomph, despite very funny, very watchable performances from Hutchinson, Coupe and Wilson.

In fact, as charming as Hutchinson is as the loser turned unlikely hero, it's Coupe and Wilson who shine the brightest, with their numerous barbaric ways feeling more tethered to the past than present. Watching them try to assimilate into 2017 is a consistent bright spot. And they're able to mine a great deal of comedy out of so little — whether it's snorting meth for the first time, cooking intricate "Barefoot Contessa"-worthy desserts or their insatiable

thirst for murder and the consumption of sewer rats.

So if you're looking for something enjoyable and easy to binge when you're stuck on your family's couch next week, "Future Man" is your best bet. But perhaps only if your family is good with Rogen and Goldberg's trademark raunch. Otherwise, you'll want to clear the room when — not really a spoiler — someone gets accidentally ejaculated on in the first episode. Totally up to you.

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# Welcome to The Dark Side

Party like a Sith at SoHo's Star Wars-inspired pop-up bar.



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Before you cheer for the Resistance in "The Last Jedi" this December, spend a night drinking with the bad guys at The Dark Side Bar.

The unofficial Star Wars-inspired pop-up bar is a production of Zach Neil, who's behind the Tim Burton-themed Beetle House in the East Village.

Dark Side Bar will soft open Nov. 15 at 201 Lafayette St. in SoHo, which houses the sunny San Remo Cafe by day and a backroom speak-easy lounge by night.

By Nov. 17, the bar should be "going full force," says manager Ben Kotler; hours are Friday-Saturday 6 p.m.-4 a.m. and Sunday, Wednesday



The Dark Side Bar is taking over the normally bucolic cocktail spot San Remo beginning Nov. 15. DARK SIDE BAR; OLEG MARCH

day and Thursday from 6 p.m.-2 a.m.

"Anybody can open a bar," he says. "It's fun to do something a little bit interesting that fluctuates and changes."

Forget Mos Eisley's "wretched hive of scum and villainy" where Luke Skywalker met Han Solo. (Though if you

like the cantina-at-the-end-of-civilization vibe, it exists as a permanent themed bar in California.)

The Dark Side Bar will be a properly moody affair catering to First Order members and Sith lords who want to let off some steam. The space, with its long dark

banquette, DJ stage and '70s-style circular bar, already has a Death Star disco vibe; Kotler says it will be further painted and decorated all black with red accents.

Expect costumed staff and themed cocktails (\$16) like the Imperial and the Mind Trick, plus a "galaxy-inspired"

menu of small bites like tentacles on sticks (soy barbecue-glazed octopus) and Bantha fodder (vegan sushi egg rolls).

There'll be themed entertainment too, like

burlesque, "games of chance" and alien speed dating. Good luck with that interspecies hanky-panky!

New York's Dark Side Bar — there are also locations in Los Angeles and Washington, D.C. — will be open for two months, through Jan. 15. You can reserve a spot now for \$33 per person (includes two specialty cocktails); walk-ins will be accepted for \$40 at the door.

Costumes are encouraged but not required. You do remember what happens when you dis-

appoint a Sith lord though, right? "The Last Jedi" opens in theaters on Dec. 15; for more information, visit [thedarksidebar.com](http://thedarksidebar.com).





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# Why the world needs a little 'Wonder' right now



Julia Roberts and Jacob Tremblay in "Wonder." ALL PHOTOS BY DALE ROBINETTE/LIONSGATE

"An act of kindness is almost a revolutionary act."

MATT JUUL  
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Whether it's on a playground or in the White House, bullying seems to rear its ugly head in every

aspect of society these days. However, "Wonder" is here to remind audiences that kindness does still exist in the world.

The film, which opens in theaters this week, stars Jacob Tremblay as Auggie Pullman, a smart, "Star Wars"-loving kid who embarks on his first day of school. Despite the

support of his sister (Izabela Vidovic) and parents, played by Owen Wilson and Julia Roberts, Auggie is worried that the other students will pick on him because of his cranial facial differences.

Although his first foray into middle school is filled with tears, setbacks and hardships, Auggie ends up



Director Stephen Chbosky.

inspiring the people in his orbit by refusing to be a victim and always extending a kind

hand to others.

"Despite having been met with so many moments of unkindness in his young life, he still only manages to show kindness to other people," says R.J. Palacio, who wrote the award-winning book that inspired the movie. "If a boy like Auggie Pullman can find it in himself to be kind to other people, so can I."

At a time when bullying is on the rise and politics continues to divide,

Palacio and director Stephen Chbosky believe "Wonder" is hitting

the big screen at the perfect moment. They hope the film will inspire viewers to also choose empathy and tolerance over hate.

"We can all agree that we're not going to mean our way out of this problem," Chbosky says. "Right now, an act of kindness is almost a

revolutionary act."

"We need to be talking about kindness on every level, whether it's political, whether it's what we expect of our leaders, whether it's what we expect and hope for parents in the community," adds Palacio. "They can not only change someone's day, they can really change someone's life with these little acts of kindness that just make the world better."

When it comes to fostering kindness in children, Palacio and Chbosky agree that teachers play a vital role. Educators are at the forefront in "Wonder," as Mandy Patinkin's Mr. Tushman and Daveed Diggs' Mr. Browne constantly push their students to aim high and choose the right paths.

"It took that special teacher to recognize in me, 'I think that you can be a writer,'" Chbosky says. "Those teachers make all the difference."

"Wonder" opens in theaters Nov. 17.

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# Healthy indulging over the holidays



## ASK MOUNT SINAI

The holidays are here, bringing with them presents, parties ... and pies. And potatoes and yams and cookies and cocktails; 'tis the season to indulge. We talked to Brittany Craig, clinical dietitian at Mount Sinai Downtown, Union Square, about how to enjoy the bounty without going overboard.

**What are the healthiest choices among all the traditional holiday foods?**  
For Thanksgiving, having turkey is actually a really great protein source. Fill-



Tips for a healthy holiday: Fill up on veggies, go easy on the sweets, don't be too hard on yourself. ISTOCK

ing up on the vegetable dishes like green beans or Brussels sprouts, and even mashed potatoes, as long as it's not a ton of cream and butter, can be a healthy choice.

**Is there anything you think we should just completely avoid?**  
I don't like to tell people

during the holidays to not eat their favorite special, traditional foods. But I like to tell people just to keep it in moderation; be mindful of the foods that are really calorie-packed and fatty, like creamy casseroles and really sweet dishes ... those are special treats and shouldn't be overdone.

**What are some strategies for indulging in a smart way?**  
Often times, when people have to plan a large meal like a Thanksgiving dinner, or Christmas, they think it's a good idea to skip meals before that, or to not eat enough. I think that's a huge misconception, because then

you end up being really famished by the time you get to that meal. You kind of overeat. Whereas if you eat a small breakfast that's protein-packed, or a snack, then you're not going to be super-starved by the time that you get to that meal, so you'll be able to make wiser choices.

**And in terms of portion control, if you're at a dessert table and you see a bunch of things that you want ...**  
That moment when you [first] look, you're like, "Oh my God, I want everything!" I feel that way. But then, if you're like, "OK, what can I do without? What do I absolutely want to have?" You [can] pick and choose small portions of what you think is really going to be worth it.

**What about alcohol?**  
Try to drink a glass of water for every alcoholic beverage. That helps slow

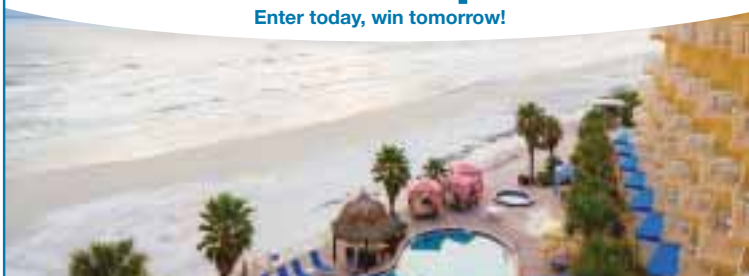
you down; it also helps make sure you're staying hydrated. Sticking with wine or wine spritzers or a light beer is a better choice than a mixed cocktail that has all the added sugars. There's plenty of calories to go around for the holidays, so might as well drink something that has less.

**How do you take care of yourself after you overdo it?**  
If that happens, first and foremost, definitely stay hydrated [to] help flush you out. A lot of people feel a little bit bloated when they overdo it on food or alcohol, because they have a lot of extra sodium. Eating a little bit lighter, trying to maybe focus more on some fresh vegetables during the day will help de-bloat you, make you feel a little bit better. And exercise, too. Getting your heart pumping will help you ultimately feel better.

SHEILA DOUGHERTY

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# How to beat erectile dysfunction

Via the Telehealth platform Roman, men can get diagnosed with and receive treatment for ED from the privacy of their homes.



**KATE MOONEY**  
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Erectile dysfunction isn't just an issue that befalls older men. The condition, defined by the National Institutes of Health as the inability to "get or keep an erection firm enough for satisfactory sexual intercourse," affects 30 million men every year. And while the risk of the condition does increase with age —

with 40 percent of men affected at age 40, and 70 percent at age 70, according to the Cleveland Clinic — a 2013 study published in *The Journal of Sexual Medicine* found that one in four men seeking treatment for ED were under 40 years old.

## Causes of erectile dysfunction

ED has several causes, from health-related lifestyle factors like anxiety, drinking, smoking, or obesity, to side effects from certain medications like antidepressants and blood pressure pills. It can also be an indicator of a more serious medical condition, including

diabetes, heart disease and prostate cancer.

The stigma gets in the way of seeking treatment. Men, already half as likely as women to go to the doctor in a two year period, according to a 2014 CDC survey, are ashamed to discuss the issue with their

primary care doctor, or even pick up meds at the pharmacy. According to a study from the Southern Illinois University School of Medicine, only 25 percent of men who received an ED diagnosis filled a prescription for it.

## What ED means for men's health

"The strength of a man's erection is a really great indicator for their overall health," explains Zachariah Reitano, the co-founder of Roman, a new telehealth app which evaluates and treats men for ED. "It requires so much of your body at one time — your hormones, your nervous system, your heart."

He likens ED to having your check engine light on: a visibly recognizable sign that something's not right.

With Roman, Reitano

and his cofounders Rob Schutz and Saman Rahmanian want to help fight the stigma around the condition and get men treated for it.

Reitano suffers from ED himself, first experiencing it at the age of 17, when it turned out to be the sign of a heart condition. Then the medication he received to treat his condition gave him ED as a side effect. The now 26-year-old considers himself Roman's first customer.

## How Roman works

For \$15, patients complete an online visit, providing medical history and answering questions about their symptoms, followed by a consultation from a physician. Upon reviewing the patient's profile, if the doctor determines it's "safe and appropriate," they'll prescribe ED medication — oral

The founders of Roman want to help men get tackle ED. The telehealth app is currently available in NY, FL, PA, WA, and CA.



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Through Roman, licensed physicians will prescribe and ship out medications that treat ED, such as Sildenafil (generic for Viagra). **ALL PHOTOS PROVIDED**



# McAdoo going nowhere for now

The Giants head coach received a puzzling display of support after Sunday's embarrassing loss to the San Francisco 49ers.



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Had this been almost any other organization, Ben McAdoo might have already been looking for a job. But the New York Giants have yet to remove their head coach from his position despite a 1-8 record that was made worse after a Week 10 loss to the San Francisco 49ers, who entered the game 0-9 on the season.

The team looks as though they've quit on their head coach while he remains defiant and, at times, angry with the media.

It's an almost unbe-

lievable turn of events for a team that was expected to challenge for the NFC East division title entering this season.

It would be difficult to pin all of the blame on McAdoo considering he is working with a depleted roster that wasn't built correctly in the first place.

Quarterback Eli Manning is without his top two receivers Odell Beckham Jr. and Brandon Marshall for the season while the offensive line has been ineffective at protecting the veteran passer. The largely unchanged offensive line is the brainchild of general manager Jerry Reese, who decided not to acquire new blocking talent during the offseason.

But to see a team that is one of the biggest embarrassments of the NFL this season playing uninspired football against one of the worst



Ben McAdoo has let the New York Giants down this season but is not being shown the door just yet. GETTY IMAGES

teams in the league falls on the coach.

And most of the time, it gets you a pink slip.

But the Giants are an organization that rarely changes coaches during the middle of a season.

In fact, the last time

it happened was in 1976 when Bill Arnsparger was canned after an 0-7 start to make way for John McVay, who finished the season at 3-4.

Don't expect the Giants to break that streak, at least for this

week

Giants owners John Mara and Steve Tisch released a statement on Monday afternoon, further cementing the fact that McAdoo isn't going anywhere for the time being:

*"Ben McAdoo is our head coach and has our support. We are in the midst of an extremely disappointing season. Our performance this year, particularly the past two weeks, is inexcusable and frustrating. While we appreciate that our fans are unhappy with what has occurred, nobody is more upset than we are."*

*"Our plan is to do what we have always done, which is to not offer a running commentary on the season. It is our responsibility to determine the reasons for our poor performance and at the end of the year, we will evaluate the 2017 season in its entirety and make a determination on how we move forward."*

It looks like the Giants could just be mailing it in this season and will blow things up come 2018.

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3.	NEW YORK GIANTS	1-8	0.5241
4.	INDIANAPOLIS COLTS	3-7	0.4828
5.	CINCINNATI BENGALS	3-6	0.4690
6.	DENVER BRONCOS	3-6	0.4828
7.	LOS ANGELES CHARGERS	3-6	0.4861
8.	HOUSTON TEXANS	3-6	0.5102
9.	CHICAGO BEARS	3-6	0.5379
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# Former Mets, Yankees star Beltran calls it quits

Carlos Beltran announced his retirement on Monday, bringing an end to a 20-year career that could end up in Cooperstown one day.



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Former New York Mets and Yankees star Carlos Beltran announced his retirement from Major League Baseball on Monday afternoon in an article featured in the Players' Tribune:

*"I am blessed to have played this game for 20 years.*

*I am blessed to have played for so many great organizations.*

*I am blessed to have shared*

*all of my experiences with my wife and my three kids, my family and friends. To have so many loving fans. To have been able to build a school in Puerto Rico and change the lives of so many kids. To have won the Roberto Clemente Award, which is the greatest honor I could have ever received as a ballplayer.*

*And I am blessed to be a champion.*

*But now, my time as a player has come to an end.*

*Today, I am officially announcing my retirement.*

*Muchas gracias, béisbol.*

*I can't wait for what the next chapter holds."*

Beltran most recently played with the Houston Astros, contributing to the franchise's — and his — first-ever World Series championship where he appeared mostly as a DH or corner outfielder.

The 40-year-old made his MLB debut with the Kansas City Royals in 1998 before winning Rookie of the Year honors in 1999 after batting .293 with 22 home runs, 108 RBI and 27 stolen bases in his first full professional season.

He developed into a five-tool player, hitting for power while providing great defense and speed. After six-plus years with the Royals and with his contract expiring, he was dealt to the Astros in 2004 where he put together one of the most impressive postseason performances ever, batting .435 with eight home runs and 14 RBI in just 12 games.

The monster postseason made him one of the most coveted free agent on the market that offseason and it was the Mets who came out on top, signing him to a seven-year, \$119 million contract.

After a rocky 2005 debut season in which he hit just 16 home runs with 78 RBI, Beltran put together one of the best offensive seasons by a Met in franchise history, powering 41 home runs and 116 RBI in 2006.



Carlos Beltran spent over six seasons with the New York Mets. GETTY IMAGES

However, that season and Beltran's career with the Mets is remembered by many for the moment he struck out in Game 7 of the NLCS with the bases loaded with two outs in the bottom of the ninth inning against the St. Louis Cardinals, ending New York's season in agonizing fashion.

But Beltran remained productive despite battling injury issues, garnering five All-Star appearances and winning a pair of Gold Glove and Silver Slugger Awards during his tenure with the team.

His name is littered all over the Mets' record books, making him one of the greatest players in franchise history:

**WINS ABOVE REPLACEMENT (WAR) POSITION PLAYERS**

31.3 (3rd in Mets history)

**OFFENSIVE WAR**

27.6 (6th)

**DEFENSIVE WAR**

4.3 (7th)

**ON-BASE PERCENTAGE**

.369 (6th)

**SLUGGING %**

.500 (5th)

**OPS**

.869 (4th)

**RUNS SCORED**

551 (8th)

**TOTAL BASES**

1,567 (10th)

**DOUBLES**

208 (7th)

**HOME RUNS**

149 (6th)

**RBI**

559 (6th)

**STOLEN-BASE %**

86.21% (1st)

After being traded during the 2011 season to the San Francisco Giants for Zack Wheeler, Beltran played with the St. Louis Cardinals before signing with the Yankees prior to the 2014 season.

He hit 56 home runs and drove in 180 during his two-plus seasons in the Bronx before being dealt during his contract year to the Texas Rangers, where he spent the rest of his 2016 season before joining Houston for an final year.

Beltran retires with a .279 batting average with 435 home runs on a career that should receive strong Hall-of-Fame consideration.



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of Aset Zechariah LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 11/10/2016. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 340 East 18th Street, Apt. 4F, New York, NY 10003. Purpose: a multi-disciplinary behavioral health counseling service that offers wellness, mental health, recovery and healing services to the community focusing on Youth, People of Color, LGBTQ and Women and Men.

**NOTICE OF FORMATION**  
of Baristola Management LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 07/28/2017. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 124-16 15th Ave., College Point, NY 11356. Purpose: any lawful activity.

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**NOTICE IS HEREBY GIVEN**  
that a license, Serial # 1306208, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 426A 7th Ave., Brooklyn, NY 11215. Kings County, for on premise consumption. Ligurian Bros Incorporated.

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### Across

- 1 Be stingy  
6 Tubular pasta  
10 -- accompli  
14 Microsurgery tool  
15 British prep school  
16 All, in combos  
17 Actress -- Papas  
18 Enjoys a siesta  
19 Rub the wrong way  
20 Asked earnestly  
22 Reel  
24 Tree with pods  
26 Zoo barriers  
27 Become fond of (2 wds.)  
30 Ipso --  
33 Dorian Gray's creator  
34 Huge hairstyle  
35 Something owed  
39 Work by Keats  
40 Process, as film  
43 Thai neighbor  
44 Appear to be  
46 Nevada casino city  
47 Monk's garb  
49 Medal  
51 Salad ingredient  
52 Enjoy a puddle  
55 Backbone  
57 Peace  
60 Thoreau's friend  
64 Sub -- (secretly)  
65 "... She Sweet?"

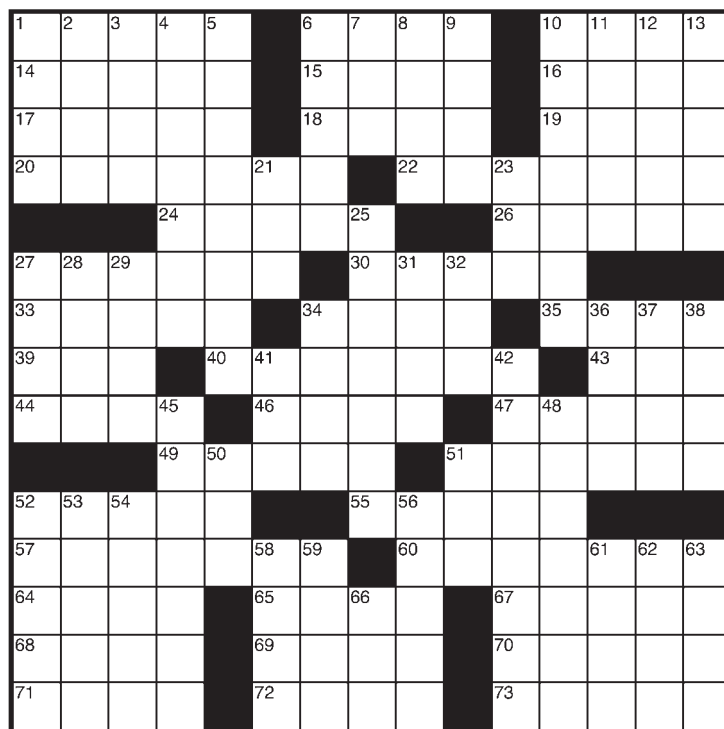
- 67 Slight trace  
68 Web habitue  
69 Mental picture  
70 Colder  
71 Sweater letter  
72 Year-end tune  
73 Attired like Superman

### Down

- 1 Minor mistake  
2 Malden of "Patton"  
3 Shrink's reply (2 wds.)  
4 Threatened  
5 Came before  
6 Castle town in Ruritania  
7 Give -- -- try  
8 Outperforms  
9 Scholarly org.  
10 Permanently (2 wds.)  
11 Pablo's girl  
12 Estuary  
13 Wedding-cake layers

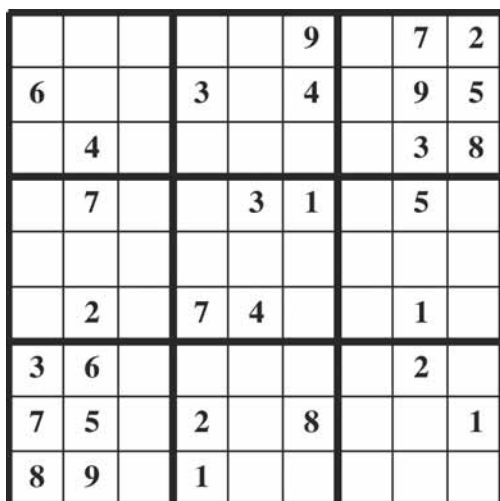
- 21 Author Umberto --  
23 Oz. or tsp.  
25 Displeases  
27 Pairs  
28 Helper  
29 MOMA artist  
31 Guthrie of folk music  
32 Imitate a dove  
34 State firmly  
36 Isle of exile  
37 Lure  
38 Oz canine  
41 Diamond stat  
42 Kind of spelling  
45 Lash darkener  
48 New World  
50 Question starter  
51 Ryan or Conway  
52 Cancel a launch  
53 Unfastened  
54 Initial stage  
56 Flower part  
58 Picnic ruiner  
59 Aeneas' lover  
61 Cut with quick strokes  
62 Ess molding  
63 Socially inept one  
66 Born as

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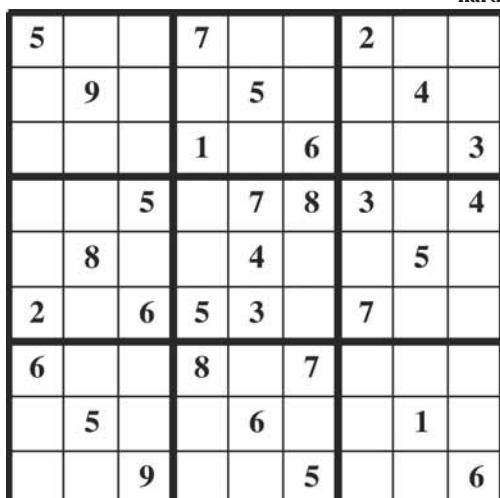


## metro.us/sudoku

easy



hard



## metro.us/horoscopes



**Aries** Emotions will skyrocket when dealing with relationship issues. Stay calm, use your imagination and look for solutions that will benefit everyone involved.



**Taurus** Don't waste time arguing with someone who doesn't share your beliefs. Consider what you can do to make your life and future better.



**Gemini** Getting out and doing things that help to relieve stress will clear your mind and give you a chance to rethink your next move. Plan your actions carefully.



**Cancer** Don't let personal situations get to you. Concentrate on your work, personal growth and self-awareness. Now is not the time to get into a sensitive discussion.



**Leo** Plan a short trip, or get together with someone who understands you and share your thoughts and plans. Initiate a change before someone takes over.



**Virgo** Partnerships should be your priority. Discussing your life and what you want to achieve will help you gain support and encouragement from someone special.



**Libra** Channel your emotions and energy into something concrete. A plan that will help you get ahead or improve a situation at home would be a good place to start.



**Scorpio** A domestic change looks promising. Explore new ideas and develop plans that will help you get ahead. If you collaborate with someone, good things will happen.



**Sagittarius** Consider your options and get your facts straight before you make a move. Don't let anyone charm you into undertaking something that will be stressful.



**Capricorn** Stay calm and do what's expected of you. If you lash out or let your emotions get the better of you, it will affect the decisions you make. Think matters through.



**Aquarius** A good idea can turn into a lucrative pastime if you take time to develop and promote what you have to offer. Take care of your health and avoid excess.



**Pisces** Be careful when dealing with individuals who tend to ask for too much. Be prepared to offer solutions that don't involve your time or physical effort. EUGENIA LAST

Yesterday's answers									
PREP	ALARM	FISH							
AIDA	PIXIE	ISLE							
ITER	PEEPS	GEAR							
LANTERN	ESCHEW								
IDA	INERT								
OBEYING	SEED								
KRIS	SINE	ERODE							
YIN	DENOTED	LIS							
ROGER	ARTS	PECK							
ANEMIC	EASIEST								
APHID	ANT								
KANSAS	CYNICAL								
AURA	MASAI	TILE							
GRIT	PAPAS	EATS							
ADZE	SCANT	SOOT							

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Brooklyn	Address	Date	Time
Downtown Brooklyn Community Office	635 Fulton Street, 1st floor Brooklyn, NY 11217	11/7, 11/17	3pm–4:30pm
Queens	Address	Date	Time
Jackson Heights Community Office	93-14 Roosevelt Avenue, 1st floor Jackson Heights, NY 11372	11/3, 11/10 11/17, 11/24	2pm–3pm
Richmond Hill Community Office	122-01 Liberty Avenue, 1st floor South Richmond Hill, NY 11419	11/8, 11/24	3pm–5pm
Bronx	Address	Date	Time
Fordham Community Office	412 E Fordham Road Bronx, NY 10458	11/1, 11/15 11/29	10am–11am
E. Tremont Community Office	774 E Tremont Avenue, 1st floor Bronx, NY 10460	11/9	10am–11am
Long Island (Nassau County)	Address	Date	Time
Hempstead Community Office	50 Clinton Street, Suite 110A Hempstead, NY 11550	11/1, 11/15, 11/29	6:30pm–7:30pm
		11/4, 11/18	2pm–3:30pm

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